



1 UPPER BLOCK 2 MIDDLE BLOCK 3 LOWER BLOCK 4 SPEARHAND BLOCK

ACHIEVEMENT CHART



5 6 REVERSE PUNCH 7 JAB 8 LUNGE PUNCH 9 BACK FIST 10 FRONT KICK 11 ROUND KICK 12 SIDE KICK 13 BACK KICK 14 HOOK KICK 15 JUMPING KICK 16 FRONT STANCE



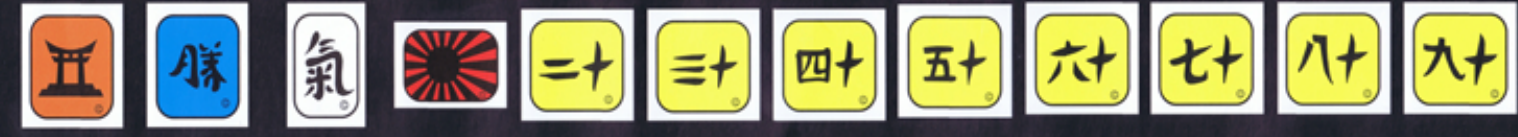
17 18 19 HORSE STANCE 20 HAMMER FIST 21 22 DEFENCE STANCE 23 KNEE STRIKE 24 SWEEP 25 LEVEL 1 COMPETITION 26 LEVEL 2 COMPETITION 27 STRETCH WARM UP 28 LEVEL 1 ATTENDANCE



29 LEVEL 2 ATTENDANCE 30 LEVEL 2 APPERANCE 31 LEVEL 3 APPERANCE 32 LEVEL 1 APPERANCE 33 34 LEVEL 3 COMPETITION 35 36 37 38 39 40



53 NUNCHAKU 54 SAI 55 TONFA 56 BO 57 KAMA 58 ESCRIMA 59 SWORD 60 MISSION STATEMENT 61 GRADING 62 BUDDY 63 RESPECT LEVEL 2 64 RESPECT LEVEL 1



65 RESPECT LEVEL 3 66 67 68 BRING A FRIEND 69 ONE STAR 70 TWO STAR 71 THREE STAR 72 FOUR STAR 73 FIVE STAR 74 75 76



77 78 ACADEMIC 79 LEVEL 3 ATTENDANCE 80 DEMO TEAM 81 AWESOME EFFORT 82 WHITE BELT 83 RED BELT 84 YELLOW BELT 85 ORANGE BELT 86 GREEN BELT 87 BLUE BELT 88 PURPLE BELT



89 BROWN BELT 90 BLACK BELT